



KOZ Monthly Outdoor Training© June: Four Wheels and Mudding

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on time, meet with God first.

8:30 Kids begin to arrive. Meet parents or guardian

BEGINNING YOUR MEETING WITH KOZ STRUCTURE

8:45 Begin Meeting.

All together say the *American Pledge of Allegiance*.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless America. -Amen

Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader's first questions/discussion. Outdoor Training

Everybody loves to four wheel and riding dirt trails. Sometimes it can be hard to stay on one or see the trail. Done safely it can be extremely fun and bring people together BUT done dangerously it can one of the most hazardous activities in the outdoors.

What would you do if your moms car started to make a bad sound on the way home from school? Knowing about mechanics is a great thing.

Talk about:

- Have you driven a four wheeler or been four wheeling?
- Can you define what's dangerous and what's NOT dangerous four wheeling?
- Do you need a driver's license to operate a four wheeler?
- Have you ever changed the oil for a car or repaired a flat?

LEADING INTO YOUR HEART TRAINING

Leader's first questions/discussion: Scripture Training

This Month's Scripture: Ephesians 6:14-17: Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God,

Leader's first questions/discussion, Bible training:
 Outside distractions can take a young man out, "Every Young Man's Battle" – porn/sex/drugs.

(NOTE: at some point younger KOZ's may need to be peeled away and talked to about "inappropriate things that they have been around, language, kids doing bad things. (There will be conversations that require age appropriate division.)

Everybody loves to four wheel and ride dirt trails. Sometimes it can be hard to stay up on one or see the trail. Sometimes we find ourselves in a place we can't turn around or find it hard to turn around, that is when it gets tough. You might even flip your four wheeler. Life can be like that as well, especially when it is things (like pornography or drugs, bullies, bad language) Almost every guy has been confronted with it, some have had to fight to get away from it, but knowing Jesus can help a lot. Having other guys help you keep out of trouble can help too.



- Do you know people who look at things they should not on the internet?
- Do people around you use bad language very often?
- Is it really that bad to be around people who are making bad choices, even if they like you...

NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come



STOP & BEGIN OUTDOOR SKILLS TRAINING

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

Things to do this month:

- Gather 4-wheelers for 4x4 outing (start asking months in advance)
- Find local Jeep group, for KOZ 4x4 ride-along outing
- ATV maintenance (change oil, rotate tires, etc.)
- Have local ATV dealer do demo and rider safety instruction
- Create pre-trip 4x4 ATV check list (team competition)
- Change the oil in a mom's cars.
- Teach the boys to change a tire, air filter, oil, engine head.

**Note always add an EXTREME element to your KOZ day. Be creative.*

FIELD NOTES: 4x4 ATVs can take you places other vehicles can't, so you need to make sure that the ATV is in tip-top shape or you might be stranded where no one else can get to you and it's a long walk out! ATVs lack the safety features of cars, trucks and jeeps so great care must be taken or they can cause serious injury up to and including death.

Knowing how to change the oil in a vehicle, fix a flat, use a wrench, just knowing what tools do what is incredibly important.

Other places for good information and literature. Here are some sites where we have found great content of this lesson plan. The internet always has resources but be careful there are some bad sites with poor information. We do not endorse nor are we associated with any of the sites listed below. The information there may change as well.

- The ATV Safety Institute's Golden Rules:

<http://www.atvsafety.org/>

- 4-H ATV Safety:

<http://www.atv-youth.org/>

- State ATV Information and laws:

<https://www.cpsc.gov/Safety-Education/Safety-Education-Centers/ATV-Safety-Information-Center/State-ATV-Information/>



GOING OFF THE TRAIL THIS MONTH?

IMPORTANT: Use the opening/use the close, prayer/ sit spots and prayer cards.

All groups should use the foundational structure of KOZ each month. The starting, the prayer, sit spots etc. as a common element to every meeting. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ. **CHECK THE “Off The Trail Guide” in HTL resources.**

OUTDOOR TRAINING CONCLUSIONS

Ask pointed questions on the outdoor skills they learned today.

Drive home a point...

- Be prepared and Be aware... why is that so important when around mechanical things?
- What are some tools you learned to use today?
- How does it feel to know more about fixing something?
- 4x4 ATV's are expensive for a good reason. (they take you places hard to get to in the outdoors)
- Total maintenance is less expensive than the continuous cost or repairs on an unmaintained ATV.

SCRIPTURE TRAINING AND HEART TAKEAWAY

This Month's Scripture: Ephesians 6:14-17: Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God,

Trail Map #1,

Metal and steel, helmets and shields. Protection from things that are used in battle. Trucks, tractors, cars and four wheelers all need attention before you drive them. What happens when you have a test at school and don't study before it. What if you were a soldier and going to war before you went to boot camp or had all your gear?

Only soldiers who are in the battle need the protection. Don't you want to be in the fight? Don't you want your life and the things you do to matter for Jesus? When you are walking with Jesus you are walking into



battle with Satan. It can be scary and hard. You may need to talk with your KOZ leader to understand Satan and battle, that's OK, ask. You need to know few things that are good and important and powerful come easy. You have to be prepared and protected for those day's things break down or get hard.

Train Map #2,

Do you all put your clothes on every morning? OF COURSE YOU DO! We all put on our pants, shoes, shirts. Our clothes cover us and protect us. A warrior's armor does the same thing. We need to put it all on EVERY DAY just like we do our clothes. If you are a follower of Christ, you need your armor. We have an enemy, Satan, who is seeking to destroy us! I encourage you every morning to ask God to help you be truthful (belt), be righteous (breastplate), to be ready with the gospel (shoes), to have faith (shield), and be mindful of your own salvation(helmet). You can literally imagine drawing the sword of the Spirit by opening the scripture in the mornings and reading a few verses or chapters and preparing yourself for the day. Daily quiet times are the only way a warrior can get his armor on and get trained for battle. On top of that, we get to know our heavenly Father better and better as we talk to Him in prayer and hear from Him in the spirit and through the scriptures. Armor up!



Drive home a point...

- Prayer is your biggest shield.
- Hanging with good friends helps you stay close to Jesus, you know that.
- If you share Jesus with others, go to church, read your bible, you are in the fight and we are proud of you.
- God has a plan for your life, even if hard things are happening it is part of his plan. Be strong.

REMIND THEM: God has made you as an amazing person. Individual, special and unique. If you have not heard that for a while, I want to tell you that. I care about you, you matter to me. Talk to me if you need to talk.

EACH MONTH: Teach the boys: "BE STRONG" - Jeremiah 29:11, For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. He (Jesus) cares about you, you matter, your KOZ leaders care about you.



THE SIT SPOT AND GOD

SIT SPOT Purpose:

- Pass out a blank index card and pen. Tell them to write one thing they learned and one thing you can pray for them, to please write it on the card and you will pray for them this week. *It is a private prayer between your leaders and them, they don't have to put their name on the card. If they don't have a prayer, tell them to just put their name on the cards. (allow 15-30 minutes)*

TO PONDER: The elements of the Sit Spot are crucial and should be a top level priority at your KOZ Saturday or outing.

- **SEND LEADERS TO SIT SPOTS!** *If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. QUIET TIME IS ESSENTIAL.*

LUNCH & KOZ LEADERSHIP TAG GUIDANCE

CALL BACK FOR LUNCH - While they are eating lunch –

WORK ON DOG TAGS Ask boys if they are working toward KOZ TAGSL. This is a good time to teach this material. Print their cards and have them ready.

Ask if any of the boys are new – give them their KOZ Nation dog tag (the first one)

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.



As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Teach the boys to ALWAYS leave your area BETTER than it was when you got there. **Parents arrive. Greet them and tell them how good their kid did. – Tell the boys to invite a friend!**
Hand out literature or take home materials.... A gallon plastic Zip lock bag with their name on it works great each month to collect their take home materials.