

KOZ Monthly Outdoor Training © January 2021: Survival- “Do Hard Things”

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

Leader Prayer: Lord lead us today in all areas. Prepare our hearts Holy Spirit, prepare the hearts of the boys we will mentor today. [Galatians 6:9](#) - And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

8:30 Kids begin to arrive. Meet parents or guardian (make sure your releases are in place).

BEGINNING YOUR MEETING WITH KOZ STRUCTURE

8:45 Begin Meeting.

All together say your country’s pledge.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless our Country. -Amen

KOZ Pledge: “No KOZ Left Behind” I solemnly pledge under oath that I will never leave my KOZ brothers behind. I will always be kind to them, help them when they look like they have too much, run to them when they yell for help, give them the best seat and first chance at everything. They are my brother’s; we fight trouble together.

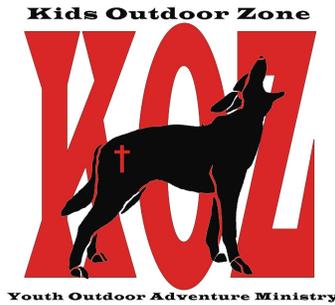
Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader’s first questions/discussion. Outdoor Training

SURVIVAL SKILLS

Life on life's terms, Backwoods skills that can be the difference between life or death. How often do we go into an outdoor setting without being prepared? We rush or don't think through every element of what may



happen, could happen, is going to really happen. This can be a treacherous decision, we have to be prepared.

Leaders first questions/discussion, outdoors training:

- What is the most important thing to remember in a survival situation? (The will to survive)
- What are some things you can have to help in a survival situation? (knife, matches, water)
- What are the top 3 things to do first if you get lost? (stay put, build a fire, build shelter)
- **S** = sit down, **T** = think, **O** = observe your surroundings, **P** = prepare for survival by gathering materials

Today we are going to train you in survival skills and how to be prepared in case of emergency.

LEADING INTO YOUR HEART TRAINING

Scripture Training: Leader's first questions/discussion

Heads Up HTL's:

This year we are teaching the boys the mantra "Do Hard Things." We want them to have in their minds that at the end of the day they are capable of doing things they never thought they could. When they learn they can hit a target, catch a fish, hike 3 miles or change the tire on a tractor they move closer to their design, they embrace a piece of their masculinity. From there they have confidence in school and in life situations they may not have had in the past. Each month you should also challenge them to **memorize the scripture** for that month. Have them write it, repeat it and learn it! There is also a "DHT (Do Hard Things) Challenge at the end of the day for them to take away.

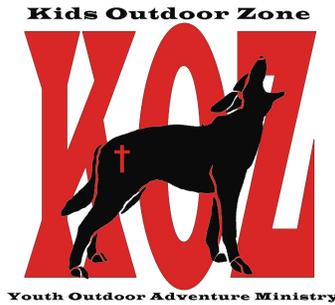
Scripture: Proverbs 1:1-4, These are the proverbs of King Solomon of Israel, the son of David.

Proverbs will teach you wisdom and self-control and how to understand sayings with deep meanings. You will learn what is right and honest and fair. From these, an ordinary person can learn to be smart, and young people can gain knowledge and good sense.

Leaders first questions/discussion, bible training:

There are different places in the bible that teach you different things. If you understand the bible you will know where to go to find the answers to just about everything you can imagine.

King Solomon was considered the smartest man who ever lived. He was also considered the richest (2 trillion dollars). Do you know why he was so smart? When God asked him what he would like, grant him a wish in a way, King Solomon asked for wisdom. If you could ask God for one thing, what would it be?



- Who wrote the bible?
- Do you know the difference between the old testament and the new testament?
- Did you know the new testament is mostly letters to other people?
- The bible has a lot of survival stories and incredible adventures!

NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come.

Begin Outdoor Skills Training

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

Survival is a very important topic for anyone who travels outdoors. Teach the kids something now can last a lifetime.

Things to do this month:

- Teach them what to have with them when they go into the outdoors. (Fill a backpack or carry bag with items for survival. (Flashlight, matches, space blanket, rope, knife etc.)
- Teach them different shelters. (Debris, snow, a tarp, cave or tree base)
- Teach them to build a fire, boil water for safety.
- Build snare or other traps for game and teach where to place them.
- Refer to previous lessons on orienteering and mapping.
- Create SOS signals (Use KOZ instead)
- If inclement weather keeps you in, Dual Survivor shows or Survivor Man. (Avoid Naked Survivor Shows)
- Teach outdoor First Aid skills. (Local EMS/Fire department or Parks and Wildlife may be of help)

FIELD NOTES: Other CRITICAL TEACHING should include:

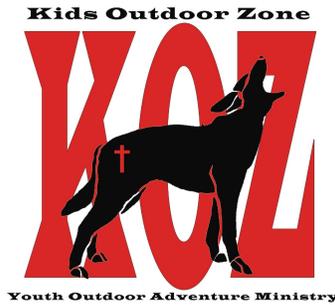
Weather. Where to find forecasts. What they mean. Can they be trusted?

Directions. North/South/East/West – compass/GPS

Map: Show them one. A real one, made of paper. Street, trail or terrain. Maps are important to understand.

Online tools. Downloadable programs like ALL TRAILS can be great tools. Never base your survival on electronics alone.

Try creating several different areas and break the boys up into teams. Have a competition on, Best Shelter, Fastest to Start a Fire and burn an elevated piece of string, Fix a Broken Arm or carry out a wounded friend. They love competition.



Other places for good information and literature.

- <http://www.equipped.com/srvskl.htm> (skills and survival link on equipped.com) - This is a good site and the full army survival guide is in printable pdf format.
- <http://gazingcyot.tripod.com/id15.htm> - this has a lot of old trapper/cowboy stories of survival. Super good.
- <https://www.outdoorlife.com/46-survival-skills-to-keep-you-entertained-in-backyard-and-alive-in-back-country/> - Outdoor Life, almost always a great resource.

GOING OFF THE TRAIL THIS MONTH?

IMPORTANT: Use the opening/use the close, prayer/ sit spots and prayer cards.

All groups should use the foundational structure of KOZ each month. The starting, the prayer, sit spots etc. as a common element to every meeting. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

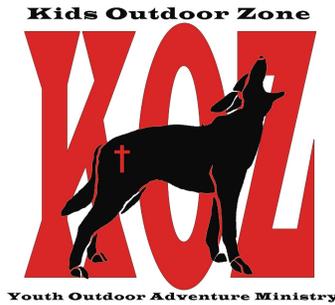
Get them outside, move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

Outdoor Training Conclusion

ASK POINTED QUESTIONS ON THE OUTDOOR SKILLS THEY LEARNED TODAY

Drive home a point, hand out literature or take-home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.

- Number one thing to remember if you are in a survival situation?
- What 5 things would you want if you were stuck, outside in a survival situation.
- Point North, south, east and west.
- Comment on each kid and something they did well.
- Give them handouts, printable instructions on shelters, boiling water, shelters or trapping.



Scripture Training & Heart Takeaway

Scripture: Proverbs 1:1-4, These are the proverbs of King Solomon of Israel, the son of David. Proverbs will teach you wisdom and self-control and how to understand sayings with deep meanings. You will learn what is right and honest and fair. From these, an ordinary person can learn to be smart, and young people can gain knowledge and good sense.

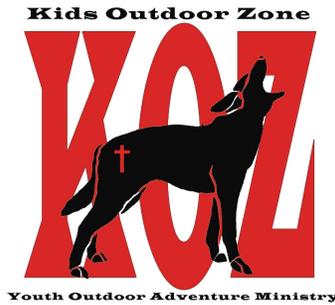
TRAIL MAP #1: So often we rush into something without really knowing what we are getting ourselves into. Sometimes we get into something we thought we would like but when it gets hard we want to drop out. It is important to really think about your adventures and all the things that could happen, then prepare for them. In life we are so into our life, texting, work, school - that we don't think about church, youth group, friends who are "Christians" - until we get into trouble. Life, like outdoor adventure, requires us to be prepared for survival at all times!

We know what you can do, we know you can "Do Hard Things" because we have seen you do them. It's not about how smart you are but practicing and being willing to learn.

It is important to talk with Jesus about what He wants you to do, who He wants you to be in His eyes. Even King Solomon says it in his scripture this month that even you, the young men, will be given "Knowledge and good sense." God has big plans for you and is training you today and every minute to survive the hard things in life and enjoy the amazing adventure life is. He loves you, and so do your KOZ HTL's

TRAIL MAP #2: It is super important to know what to do and how to do it when you are in a survival situation. The survival skills you learned today could one day save your life! Knowing how to build a fire and a shelter can save your life. People get lost in the wilderness every year. Some live and some don't. Everytime, what they knew and what they did made the difference in how they ended up. It may be hard to do, but it might make the difference in the end whether you live or die. Life is like that. Knowing what to do and when, having wisdom, can make the difference in how you end up in this life.

This month we read and talked about the first verses of the first chapter of Proverbs. Proverbs is a book of wisdom. It's about the wisdom of life. Just like surviving the night lost in the woods, it takes wisdom to navigate life. Jesus wants you to do more than survive. He wants you to thrive! He even tells us in another bible verse that he came to give us life and life more abundantly! It takes wisdom and a relationship with Jesus to know how to live our lives out for Him. As our verses stated, we can know what is right, honest and fair. God wants to join us in this journey of life. It only requires us to know Him personally as our Savior, learn and walk in His truth (the bible and the Holy Spirit) so that we have the wisdom to survive and thrive in this life and the next. The real and first question is "Do you know Him as your Savior?" If you do, the next question is "Are you walking with Him and depending on Him for wisdom?"



Drive home the points:

- Life can be, no, it will be hard. Like preparing for an outdoor adventure we need to prepare for life and we do that with prayer, reading our bible and picking good friends.
- The outdoors can be a dangerous place and at any minute things could change. Be ready by learning what to check for and do BEFORE you take off on your adventure.
- If you are struggling with things in your life, it is always good to have someone safe you can talk to. Your KOZ leaders are men you are safe to talk too.
- If you are in an emergency situation in the outdoors you should have some things to make sure you can deal with them, like a first aid kit, a compass or GPS, an emergency/survival kit.

The Sit Spot and God

SIT SPOT Purpose:

- Pass out a blank index card and pen. Have them write one thing they learned today and something they need prayer for. Let them know the KOZ leaders will be carrying their cards and praying every day.

Let them know *It is a private prayer between your leaders and them, they don't have to put their name on the card.*

TO PONDER: Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

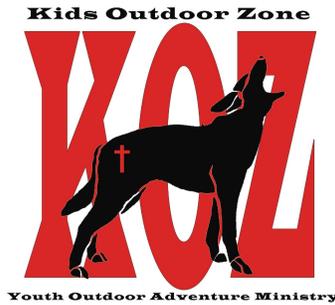
SEND LEADERS TO SIT SPOTS! If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL.**

Lunch & KOZ Dog Tag Training

CALL BACK FOR LUNCH - While they are eating lunch – Review topics of the day. Chat with the boys. Enjoy time, food, fellowship.

DHT Challenge

This month your “Do Hard Things Challenge” is: Put a shopping cart away. When you are in a parking lot and there is a random cart in the lot, go get it and put it where it belongs. We always leave things better than we found them. A KOZ guy never leaves a cart. How many will you do? Have them tell stories next month!



WORK ON KOZ DOG TAGS: Ask boys if they are working toward KOZ TAGS. Greenhorn, Coyote, etc. This is a good time to teach this material. Ask if any of the boys are new – **give them their KOZ Nation dog tag** (the first one)

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.

As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Teach the boys to ALWAYS leave your area BETTER than it was when you got there.

Parents arrive. Greet them and tell them how good their kid did. – Tell the boys to invite a friend!

Hand out literature or take-home materials.... A gallon plastic Zip lock bag with their name on it works great each month to collect their take home materials.

Stay, Read the Sit Spot Cards. Pray over the cards together. Divide them among the HTL’s for the month.

TELL THEM TO INVITE A FRIEND NEXT MONTH!