



KOZ Monthly Outdoor Training© October: The Quiver and Bow

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

8:30 Kids begin to arrive. Meet parents or guardian (CHECK ALL PAPER WORK).

BEGINNING YOUR MEETING WITH KOZ STRUCTURE

8:45 Begin Meeting.

All together say the *American Pledge of Allegiance*.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless America. -Amen

Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader's first questions/discussion. Outdoors Training

The bow and arrow. Since the beginning man used the bow and arrow to hunt. Crafted from woods and bamboo, feathers and stones, high strength plastic and fibers to steel and aluminum they are incredible. Archery is one of the most popular sports too. Some schools have archery as a Physical Education program. The Olympics have archery competitions. Youth shooters, kids, are some of the best shooters in archery. Patience, a steady hand and practice makes for a good bow hunter and Olympic champion.

- Have you ever shot a bow?
- Have you seen an Indian arrow head?
- Why do you think kids are so good at shooting bows?
- Have you know the different kinds of bows people shoot?
- Why is it harder to hunt with a bow than a gun?
- How far do you think a bow can shoot?



LEADING INTO YOUR HEART TRAINING

Leader's first questions/discussion: Scripture Training

This Month's Scripture: Mathew 26:75, And Peter remembered the word which Jesus had said, "before the cock crows you will deny me three times." And he went out and wept bitterly.

Leader's first questions/discussion, bible training:

Peter was one of Jesus best friends. They spent almost every day together for 3 years.

- Have you ever had a really good friend, do you have one now?
- Have you ever argued or been mad at friend. Did you forgive them?
- Have you ever cried or been upset with something a friend said or did?



NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come

STOP & BEGIN OUTDOOR SKILLS TRAINING

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

Things to do this month:

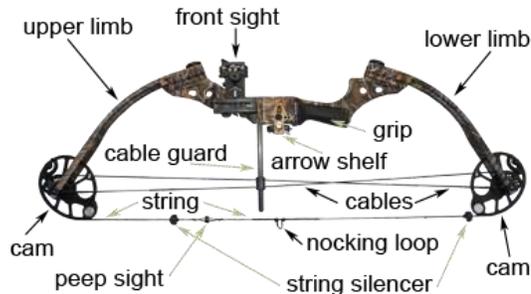
- Take the kids to an archery range.
- Set up an archery course. (call KOZ National for information on gear from Archery in the Schools Program)
- Seek out an Olympic shooter in your area.
- Ask an area bow hunting club to come speak or go to their range.
- Seek out bow hunters in your area to come and teach a class to your kids.
- Have the kids make a bow or arrows.
- Go to a local outdoor retailer and tour their bow isles.

**Note always add an EXTREME element to your KOZ day. Be creative.*

FIELD NOTES: If you teach a small group of topics they can take away lifelong skills. Try creating several different areas and break the boys up into teams. Have a competition.



Other places for good information and literature. The internet always has resources but be careful there are some bad sites with poor information.



Archery in the Schools Program
<http://www.naspschools.org/>

Mathews Archery
<http://mathewsinc.com/>

Build a Bow and Arrow
www.wikihow.com/Make-a-Bow-and-Arrow

Your state Parks and Wildlife Department

Archery. If there is something people become passionate about it is the bow hunt. Time spent practicing, readying their gear. Working on how they are going to hunt, where, when. It is rarely a first time out first time harvest. So many things go wrong or just don't come together when you are so close to your game. Are you willing to challenge yourself and forgive the mistakes, push the through the hardships and step up?

Got other plans for this month?

IMPORTANT: Use the opening/use the close, prayer/ sit spots and prayer cards.

Lots of groups use the foundation of KOZ on some months and provide other opportunities for their kids. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

OUTDOOR TRAINING CONCLUSIONS

Ask pointed questions on the outdoor skills they learned today.

Drive home a point, hand out literature or take home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.

- What part of your KOZ day did you like best?
- Name the parts of a bow.



- What are some different types of bows?
- What are the parts of an arrow.
- Where do you target a deer when hunting with a bow.
- Would you like to know more about bow hunting in your school?

SCRIPTURE TRAINING AND HEART TAKEAWAY

This Month's Scripture: Mathew 26:75, And Peter remembered the word which Jesus had said, "before the cock crows you will deny me three times". And he went out and wept bitterly.

KOZ: Archery is a fun sport and a great way to learn to hunt. The skills you need to hunt with a bow are very special. It takes a lot of practice and you will shoot a lot of arrows that won't hit the target. I can tell you this now because every archer learns that way.

When Jesus told Peter he was going to deny knowing Him Peter was upset. He said he would never do that to Jesus, his best friend and mentor. But when it came down to it he got scared, he lied. Jesus was right. The adults in your life don't want you to make the same mistakes they made. They want to help you learn the right way, to tell the truth and make good choices. Have you ever lied and later felt bad about it. We all do at some point. But when you know Jesus in your heart, He forgives us. He forgave Peter (John 21:15-17). If you have something you need to ask forgiveness for pray and go do it. That is a gift we get from God, the gift of our heart. Talk to your KOZ leader for more help.

REMINDE THEM: God has made you as an amazing person. Individual, special and unique. If you have not heard that for a while, I want to tell you that. I care about you, you matter to me. Talk to me if you need to talk.

THE SIT SPOT AND GOD

SIT SPOT Purpose:

- Pass out a blank index card and pen. Tell them if they want you to pray for them or something going on to please write it on the card and you will pray for them this week. *It is a private prayer between your leaders and them, they don't have to put their name on the card. If they don't have a prayer, tell them to just put their name on the cards.*

TO PONDER: Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

- **SEND LEADERS TO SIT SPOTS!** If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL**



LUNCH & KOZ LEADERSHIP TAG GUIDANCE

CALL BACK FOR LUNCH - While they are eating lunch –

DOG TAGS ARE A HUGE MOTIVATOR Ask boys if they are working toward KOZ TAGS. Greenhorn, Coyote, LIT, HTL. This is a good time to teach this material.

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.



As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Clean up any trash or debris. Teach the boys to ALWAYS leave your area BETTER than it was when you got there. **Parents arrive. Greet them, tell them how good their kid did.**

TELL THEM TO INVITE A FRIEND NEXT MONTH!