



KOZ Monthly Outdoor Training© May: *Living Off The Land*

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

8:30 Kids begin to arrive. Meet parents or guardian (CHECK ALL PAPER WORK).

BEGINNING YOUR MEETING WITH KOZ STRUCTURE

8:45 Begin Meeting.

All together say the *American Pledge of Allegiance*.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless America. -Amen

Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader's first questions/discussion. Outdoors Training

We love to hunt, fish and talk about it don't we. The outdoors is a special place and there is just a feeling that happens when we are sitting in the woods or by a lake or the beach. For most people who like to hunt and fish, many of their best memories come from being outside and spending time with friends there. But it is important to always be aware of what is around us in when we are in the woods. We should know about dangerous animals and what fish we are trying to catch. We should also know about the plants around us. The good ones and the dangerous ones. We can also help wildlife by planting food plots and vegetation. What about planting trees.

- What plants do deer eat?
- Would you know what plant to eat or what bug tastes good if you had to eat them?
- Have you ever picked wild berries or made pine needle tea?
- How do you know what plant is safe or not safe? Can you just eat grass and get fat like a cow?
- Have you ever had poison ivy, poison oak or sumac?
- What kind of plants are like medicine?



LEADING INTO YOUR HEART TRAINING

Leader's first questions/discussion: Scripture Training

This Month's Scripture: Galatians 6: 6-7, And let the one who is taught the word share all good things with him who teaches. Do not be deceived, God is not mocked, for whatever a man sows, this he will also reap.

Leader's first questions/discussion, bible training:

When you are nice to someone and they are nice back how did that make you feel. When you are having a really bad day and your are in a really bad mood, does it seem like everyone around you is grumpy too or don't seem like they like you that day?

- How does it feel to be around someone who is in a bad mood?
- Has anyone ever made fun of you or something you were wearing, maybe something you said?
- If you had to teach someone how to tie their shoe, could you do it?



NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come

STOP & BEGIN OUTDOOR SKILLS TRAINING

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

Things to do this month:

- This is a great time to consider planting food plots.
- Plant some trees.
- Have a botanist come out and walk through the local woods and teach plants and their uses.
- Invite the forest service to come out.
- Have someone who studies entomology come teach (the study of bugs)
- Provide a notebook and pencil. Have them put together a notebook that can be used to identify plants and trees. Have them draw and write in it.
- Build a mud pit and after all the work is done, get dirty.
- Order bug suckers and dried bugs for a tasting!

**Note always add an EXTREME element to your KOZ day. Be creative.*



FIELD NOTES: If you teach a small group of topics they can take away lifelong skills. Try creating several different areas and break the boys up into teams. Have a competition.

Other places for good information and literature. The internet always has resources but be careful there are some bad sites with poor information.



Poor Man's Food Plot
www.fieldandstream.com/node/1005010658

Bug cooking info.
www.insectsarefood.com/recipes.html

Eatable bugs of every shape and flavor
 Amazon.com

Your state Parks and Wildlife Department
 Provide brochures and training materials for plants and insects

The information age makes it easy to find and order materials for your adventure. You might want to plan out further in advance to get the best materials in time for your KOZ. Try federal agencies for materials as well.

Got other plans for this month?

IMPORTANT: Use the opening/use the close, prayer/ sit spots and prayer cards.

Lots of groups use the foundation of KOZ on some months and provide other opportunities for their kids. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

OUTDOOR TRAINING CONCLUSIONS

Ask pointed questions on the outdoor skills they learned today.

Drive home a point, hand out literature or take home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.



- What was your favorite part of the day?
- Do you think it would be easy to live off the land without any help, no grocery stores, no McDonalds, no refrigerator.
- If the Indians and pioneers could do it, why can't we?
- Food plots are great for the deer now and you as a hunter later.
- There are very few things as important to the outdoor person than a tree.
- What are some of the notes in your outdoor journal today?
- How will your work today affect people in the future?

SCRIPTURE TRAINING AND HEART TAKEAWAY

This Month's Scripture: Galatians 6: 6-7, And let the one who is taught the word share all good things with him who teaches. Do not be deceived, God is not mocked, for whatever a man sows, this he will also reap.

KOZ: Eating bugs and learning about God, how much more awesome can that be? Do you think it would be important if you were in the woods to point out the poisonous plants to a friend who might not know what they were? What if they were going to sit up against poison ivy, you could teach them right? It feels good to teach other people things you know.

What about teaching a friend who is going through a hard time how to pray? Would you laugh at your friend if they messes up and did not know how to pray? Has anyone ever made fun of you because you were a Christian or praying? God wants you to tell others about Him and when you do He loves it. He wants to know you. That is super important. If you need help on what to say to a friend or family, talk to a KOZ leader. In this scripture we learn that the way we act, the things we do are the way people will act back and the rewards we will get back. If you are a giver, you will receive. Give a smile, give a helping hand, do it because that is who you are and enjoy the feelings of being a giver for God.

REMIND THEM: God has made you as an amazing person. Individual, special and unique. If you have not heard that for a while, I want to tell you that. I care about you, you matter to me. Talk to me if you need to talk.

THE SIT SPOT AND GOD

SIT SPOT Purpose:

- Pass out a blank index card and pen. Tell them if they want you to pray for them or something going on to please write it on the card and you will pray for them this week. *It is a private prayer between your leaders and them, they don't have to put their name on the card. If they don't have a prayer, tell them to just put their name on the cards.*



TO PONDER: Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

- **SEND LEAERS TO SIT SPOTS!** If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL**

LUNCH & KOZ LEADERSHIP TAG GUIDANCE

CALL BACK FOR LUNCH - While they are eating lunch –

DOG TAGS ARE A HUGE MOTIVATOR Ask boys if they are working toward KOZ TAGS. Greenhorn, Coyote, LIT, HTL. This is a good time to teach this material.

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.



As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Clean up any trash or debris. Teach the boys to ALWAYS leave your area BETTER than it was when you got there. **Parents arrive. Greet them, tell them how good their kid did.**

TELL THEM TO INVITE A FRIEND NEXT MONTH!