



**KOZ Monthly Outdoor Training ©  
January 2014: *Survival- Into the Wild***

**7:30 Leader Meeting and Prayer time.** This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

**Leader Prayer:** Hebrews 11:6, "And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him." Lord lead us today in all areas. Prepare our hearts Holy Spirit, prepare the hearts of the kids we will mentor today.

**8:30 Kids begin to arrive.**

- Meet parents or guardian (make sure your releases are in place).

**8:45 Begin Meeting.**

All together say the **American Pledge of Allegiance.**

**KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless America. -Amen**

*Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).*

**LEADING INTO YOUR OUTDOORS SKILLS & HEART TRAINING**

**The Outdoor Topic:** *Survival - Into the Wild*

Life on life's terms, Backwoods skills that can be the difference between life or death. How often do we go into an outdoor setting without being prepared. We rush or don't think through every element of what may happen, could happen, is going to really happen. This can be a treacherous decision, we have to be prepared.

**Leaders first questions/discussion, outdoors training:**

- What is the most important thing to remember in a survival situation? (The will to survive)
- What are some things you can have to help in a survival situation? (knife, matches, water)
- What are the top 3 things to do first if you get lost? (stay put, build a fire, build shelter)
- **S** = sit down, **T** = think, **O** = observe your surroundings, **P** = prepare for survival by gathering materials



### Scripture training:

There are different places in the bible that teach you different things. If you understand the bible you will know where to go to find the answers to just about everything you can imagine.

**Scripture: Proverbs 1-4,** These are the proverbs of King Solomon of Israel, the son of David. Proverbs will teach you wisdom and self-control and how to understand sayings with deep meanings. You will learn what is right and honest and fair. From these, an ordinary person can learn to be smart, and young people can gain knowledge and good sense.

### Leaders first questions/discussion, bible training:

- Who wrote the bible?
- Do you know the difference between the old testament and the new testament?
- Did you know the new testament is mostly letters to other people?
- The bible has a lot of survival stories and incredible adventures!

**NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come.**

## STOP & BEGIN OUTDOOR SKILLS TRAINING

### BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

Survival is a very important topic for anyone who travels outdoors. Teach the kids something now and it can last a lifetime.

### Things to do this month:

- Teach them what to have with them when they go into the outdoors. (Fill a backpack or carry bag with items for survival. (Flashlight, matches, space blanket, rope, knife etc.)
- Teach them different shelters. (Debris, snow, a tarp, cave or tree base)
- Teach them to build a fire, boil water for safety.
- Build snare or other trap for game and teach where to place them.
- Refer to previous lessons on orienteering and mapping.
- Create SOS signals (Use KOZ instead)
- If inclement weather keeps you in, Dual Survivor shows or Survivor Man. (Avoid Naked Survivor Shows)
- Teach outdoor First Aid skills. (Local EMS or Parks and Wildlife may be of help)



**FIELD NOTES:** If you teach a small group of topics they can take away lifelong skills. Try creating several different areas and break the boys up into teams. Have a competition on , Best Shelter, Fastest to Start a Fire and burn an elevated piece of string, Fix a Broken Arm or carry out a wounded friend. They love competition. Check out Boy Scout Handbook on Wilderness Survival.

#### **Other places for good information and literature.**

- The internet always has resources but be careful on this topic, there are some bad sites with poor information. I highly recommend any of the Boy Scout sites (Google Boy Scout Wilderness Survival).
- <http://www.equipped.com/srvskl.htm> (skills and survival link on equipped.com) - This is a good site and the full army survival guide is in printable pdf format.

#### **Got other plans for this month?**

Lots of groups use the foundation of KOZ on some months and provide other opportunities for their kids. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place. Use the opening/use the close, prayer/ sit spots and prayer cards. Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

*"It's a sin to bore a kid with the gospel,"* Jim Rayburn, founder of Young Life.

### **Outdoor Training Conclusion**

#### **ASK POINTED QUESTIONS ON THE OUTDOOR SKILLS THEY LEARNED TODAY**

Drive home a point, hand out literature or take home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.

- Name top ten things for survival.
- Comment on each kid and something they did well.
- Give them handouts, printable instructions on shelters or boiling water or trapping.

### **Scripture Training & Heart Takeaway**

**Scripture: Proverbs 1-4,** These are the proverbs of King Solomon of Israel, the son of David. Proverbs will teach you wisdom and self-control and how to understand sayings with deep meanings. You will learn what is right and honest and fair. From these, an ordinary person can learn to be smart, and young people can gain knowledge and good sense.



**KOZ:** So often we rush into something without really knowing what we are getting ourselves into. Sometimes we get into something we thought we would like but when it gets hard we want to drop out. It is important to really think about your adventures and all the things that could happen, then prepare for them. In life we are so into our life, texting, work, school - that we don't think about church, youth group, friends who are "Christians" - until we get into trouble. Life, like outdoor adventure, requires us to be prepared for survival at all times!

### The Sit Spot and God

#### SIT SPOT Purpose:

- Pass out a blank index card and pen.
- Tell them if they want you to pray for them or something going on to please write it on the card and you will pray for them this week. *It is a private prayer between your leaders and them, they don't have to put their name on the card. If they don't have a prayer, tell to just put their name on the cards.*

**TO PONDER:** Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

- If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL** -

### Lunch and KOZ Tag Training and Awarding

- **CALL BACK FOR LUNCH.** While they are eating lunch - Ask boys if they are working toward KOZ TAGS. Greenhorn, COYOTE, LIT, HTL. This is a good time to teach this material.

#### As you wait for the parents to arrive:

- Tell the boys you love them. That they are important.
- That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

**Perform a service project on site.** Clean up any trash or debris. Teach the boys to ALWAYS leave your area BETTER than it was when you got there. **Parents arrive. Greet them, tell them how good their kid did.**

**Give the boys the KOZ Prayer on a card.**

**TELL THEM TO INVITE A FRIEND NEXT MONTH!**