



**KOZ Monthly Outdoor Training ©
October 2021: Bow Madness**

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

Leader Prayer: Lord lead us today in all areas. Prepare our hearts Holy Spirit, prepare the hearts of the boys we will mentor today. [Galatians 6:9](#) - And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

8:30 Kids begin to arrive. Meet parents or guardian (make sure your releases are in place).

BEGINNING YOUR MEETING WITH KOZ STRUCTURE
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8:45 Begin Meeting.

All together say your country's pledge.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless our Country. -Amen

KOZ Pledge: "No KOZ Left Behind" I solemnly pledge under oath that I will never leave my KOZ brothers behind. I will always be kind to them, help them when they look like they have too much, run to them when they yell for help, give them the best seat and first chance at everything. They are my brother's; we fight trouble together.

Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader's first questions/discussion. Outdoor Training
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The archer. The Bow and Arrow. A powerful tool for hunting, survival and safety. Fun. Hard. Archers were incredible warriors. Indians made all their own bows and arrows. Look at how an arrowhead from an Indian is made, beautiful but Deadly.



- Have you ever shot a bow? Have you ever hunted with a bow?
- Did you know there are different types of bows for hunting, target shooting and even the Olympics.
- What are different materials used in making bows? Wood, Metal, Fiberglass, Composite Plastics.
- Why do arrows fly so straight?
- How big an animal would an arrow take down? Can you bird hunt with bow and arrow?
- Today we are going to train you in survival skills and how to be prepared in case of emergency.

LEADING INTO YOUR HEART TRAINING

Scripture Training: Leader's first questions/discussion

Heads Up HTL's:

This year we are teaching the boys the mantra "Do Hard Things." We want them to have in their minds that at the end of the day they are capable of doing things they never thought they could. When they learn they can hit a target, catch a fish, hike 3 miles or change the tire on a tractor they move closer to their design, they embrace a piece of their masculinity. From there they have confidence in school and in life situations they may not have had in the past. Each month you should also challenge them to **memorize the scripture** for that month. Have them write it, repeat it and learn it! There is also a "DHT Challenge at the end of the day for them to take away.

Scripture: Romans 5:8, But God shows his love for us in that while we were still sinners, Christ died for us.

Leader's first questions/discussion, bible training:

- What is something hard you have done? Hike a mountain, shoot a bow? Hit the target?
- Have you ever been asked to help someone and not want to -then after thought it felt good?
- Did you know that Jesus died on the cross for you? Do you think He was scared?
- Has anyone done something really amazing for you? Given you a gift that you could not believe they gave it to you?
- What is your most prized possession?

NOTE: Let them talk – leave time between when you say something, and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come.



STOP & BEGIN OUTDOOR SKILLS TRAINING

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

There is so much to do here.

Things to do this month:

- Take the kids to an archery shop explaining gear and accessories.
- Take them to or set up a 3-D archery range.
- Make boys and arrows and have a shooting competition.
- Invite in an avid archery shooter or archery club.
- Check with parks and wildlife on archery opportunities.
- Make an arrow for them to take home.

**Note always add an extreme element to your day at KOZ. Be creative. Older boys may need more of a challenge or use them to help teach.*

FIELD NOTES: Other CRITICAL TEACHING should include:

If you teach a small group of topics they can take away lifelong skills. Try creating several different areas and break the boys up into teams. Have a competition.

Other places for good information and literature. The internet always has resources but be careful there are some bad sites with poor information.

Kid Bow - <http://www.kidbow.com/index.htm>

Making a mini bow and arrow that works - <https://www.youtube.com/watch?v=XGzLfkJio7U>

National Archery In The Schools: <http://naspschools.org/>

(Get reduced cost gear for your KOZ here.)

So many ways to explore archery. This is one of the most favored monthly adventures. Make sure you create or order some hand-outs or print some out for the kids to take home. Find classes or information on places they can get additional teaching or shooting a bow. There are club and range shooting classes in almost every area. Feed their desire to shoot if they are interested!

GOING OFF THE TRAIL THIS MONTH?

IMPORTANT: *Use the opening/use the close, prayer/ sit spots and prayer cards.*



All groups should use the foundational structure of KOZ each month. The starting, the prayer, sit spots etc. as a common element to every meeting. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

"It's a sin to bore a kid with the gospel," Jim Rayburn, founder of Young Life.

Outdoor Training Conclusion

ASK POINTED QUESTIONS ON THE OUTDOOR SKILLS THEY LEARNED TODAY

Drive home a point, hand out literature or take-home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.

- What are some of the bows? Long, compound, traditional?
- Which eye is your dominate eye?
- Why is it important to shoot your bow before you go hunting or into competition?
- If you could go hunting with a bow what would you like to hunt?
- Look over the arrows they made and have them tell everyone about them, each part.
- Comment on each kid and something they *did well*.
- Give them handouts or gifts, tools, printouts on "how too" things you did today.

SCRIPTURE TRAINING AND HEART TAKEAWAY

This Month's Scripture: Romans 5:8, But God shows his love for us in that while we were still sinners, Christ died for us.

TRAIL MAP #1: The bows we hunt with today are amazing. The arrows are so light and straight. The broad heads are razor sharp. Cross bows are used a lot now and they can be even more powerful. When you are hunting with a bow you don't have much room to mess up. If you aim just a little off, if you make a noise, if they animal your hunting smells you it's over. But not with God. We all mess up over and over and He still loves us. How can that be? How can He love us so much?

God loves you so much He allowed His Son to die on the cross. We want you to know what that means. We want you to know that even when you mess up He loves you, we love you. What are you willing to give up for God, to help make things better at home, something you know is wrong or you should not be doing?



TRAIL MAP #2:

Drive home the points:

- Learning is important. Using a bow can seem repetitive, and it is, but that is what makes it work.
- Putting your hands in the same place each time matters. Shooting over and over matters.
- When we learn to trust God we get better at so much. Our anger, our bad habits, the way we treat others gets better.
- Archery hunting is a quiet sport. It takes a lot to be quiet, hunt well, be successful. Hearing Jesus, hearing Him answer a prayer can take a quiet time and patience. He loves you dearly and if you have Him in your heart He will never leave you nor forsake you. He is trustworthy.
- Do you know Jesus in your heart? Romans 10:9, John 3:16

The Sit Spot and God

SIT SPOT Purpose:

- Pass out a blank index card and pen. Have them write one thing they learned today and something they need prayer for. Let them know the KOZ leaders will be carrying their cards and praying every day.

Let them know *It is a private prayer between your leaders and them, they don't have to put their name on the card.*

TO PONDER: Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

- **SEND LEADERS TO SIT SPOTS!** If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL.**

LUNCH & KOZ LEADERSHIP TAG TRAINING

CALL BACK FOR LUNCH - While they are eating lunch – Review topics of the day. Chat with the boys. Enjoy time, food, fellowship.

This month your “Do Hard Things Challenge” is: Help a neighbor. Take the trash can back up at the end of the day. Fix something in their yard. Mow the yard. Rake the leaves in your neighbors year. Try not to let them know you did it. If they do see you and ask just tell them you were challenged to help someone else and you



wanted to help them. This is not your house, it is a neighbor. Maybe the grumpy one! A KOZ guy does things to help others and you are a KOZ Guy! #KOZStrong.

WORK ON KOZ DOG TAGS Ask boys if they are working toward KOZ TAGS. Greenhorn, Coyote, etc. This is a good time to teach this material. Ask if any of the boys are new – **give them their KOZ Nation dog tag** (the first one)

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.

As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Teach the boys to ALWAYS leave your area BETTER than it was when you got there.

Parents arrive. Greet them and tell them how good their kid did. – Tell the boys to invite a friend!

Hand out literature or take-home materials.... A gallon plastic Zip lock bag with their name on it works great each month to collect their take home materials.

Stay, Read the Sit Spot Cards. Pray over the cards together. Divide them among the HTL's for the month.

TELL THEM TO INVITE A FRIEND NEXT MONTH!