



KOZ Monthly Outdoor Training©
August 2014: *Wet and Wild Things Outdoors*

7:30 Leader Meeting and Prayer time. This time is imperative and gives the leadership time to prepare their hearts for the meeting and time with the kids. Do not take this time lightly. Be on-time, meet with God first.

Leader Prayer: Lord lead us today in all areas. Prepare our hearts Holy Spirit, prepare the hearts of the boys we will mentor today. [Galatians 6:9](#) - And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

8:30 Kids begin to arrive. Meet parents or guardian (make sure your releases are in place).

BEGINNING YOUR MEETING WITH KOZ STRUCTURE

8:45 Begin Meeting.

All together say your country's pledge.

KOZ Prayer: Lord, Thank you for making us strong and fierce warriors for you. We hunt, we fish and we share our faith with others. God Bless our Country. -Amen

KOZ Pledge: "No KOZ Left Behind" I solemnly pledge under oath that I will never leave my KOZ brothers behind. I will always be kind to them, help them when they look like they have too much, run to them when they yell for help, give them the best seat and first chance at everything. They are my brother's; we fight trouble together.

Work to get the boys to memorize the KOZ Prayer and use it as a tool for kids who have little experience in praying or are afraid to pray. (Before meals, before an adventure or other times as a reminder of who they are and what they represent).

LEADING INTO YOUR OUTDOORS SKILLS TRAINING

Leader's first questions/discussion. Outdoor Training

So often we take for granted when we turn a faucet and the water comes out that that is just how it works. But it takes a lot to get the water collected, clean and to your faucet. Water feels so good. Taste so good. It is the best place to find fish when we want to go fishing. It is a great place to sit and watch for game animals



when we go hunting. It can be fun for swimming, snorkeling surfing and wakeboarding. But it also feels good at the end of the day when we take a shower, we cleanse the old dirt off of us.

- What is the best fluid for your body?
- Can you drink saltwater? (ocean water)
- How do fish breathe under water?
- If you are hunting why would you hunt near water?
- What is your favorite thing to do around water? (swim, fish, water park, surf)

LEADING INTO YOUR HEART TRAINING

Scripture Training: Leader's first questions/discussion

Heads Up HTL's:

This year we are teaching the boys the mantra "Do Hard Things." We want them to have in their minds that at the end of the day they are capable of doing things they never thought they could. When they learn they can hit a target, catch a fish, hike 3 miles or change the tire on a tractor they move closer to their design, they embrace a piece of their masculinity. From there they have confidence in school and in life situations they may not have had in the past. Each month you should also challenge them to **memorize the scripture** for that month. Have them write it, repeat it and learn it! There is also a "DHT Challenge at the end of the day for them to take away.

Scripture: Acts 22:16, And now why do you wait? Rise and be baptized and wash away your sins, calling on his name.'

Leaders first questions/discussion, bible training:

There are different places in the bible that teach you different things. If you understand the bible you will know where to go to find the answers to just about everything you can imagine.

- Who here has been baptized?
- Why do people get baptized?
- Was Jesus baptized? By who? What did God say after He was baptized?
- What is He saying they are going to learn and remember?

NOTE: Let them talk – leave time between when you say something and they can speak – let it be silent for a while if you have to – they grow close in times of quiet – allow Him to come.



STOP & BEGIN OUTDOOR SKILLS TRAINING

BEGIN OUTDOOR SKILLS TRAINING: IDEA TRAIL

This is a fun month. We recommend a swimming adventure. A pond, river or creek. August is usually a hot month and swimming is always a fun adventure. Do however take the time to teach them about the things around and in the water they are enjoying.

Things to do this month:

- Go swimming in a pond, creek, river or other natural swimming hole.
- Include fishing in the adventure.
- Teach the kids about the eco system around a body of water.
- Do a river clean up in canoes or kayaks.
- Contact a local canoe club and ask them to help this month.
- Visit a local boat shop for a tour or a bait shop as part of the adventure this month.

FIELD NOTES: Other CRITICAL TEACHING should include:

A few more ideas:

- If you only have a hose, make an extreme water slide, boggy bottom mud pit, waterfall sprinkler shower.
- A clean up around a body of water is a good “give back” project.
- Teach a water safety, boater’s safety or other class. Some parks and wildlife departments have programs already built for you to just plug in and use.
- Make fishing lures.
- Use a seining net and see what you can catch then talk about the catch.
- Visit a fish hatchery.

Other places for good information and literature.

Boat US Foundation: <http://www.boatus.org/>

This site has a lot of great lessons on boating safety and water care.

National Geographic: <http://environment.nationalgeographic.com>

Dig deep but they have a water insect section that is really cool!



GOING OFF THE TRAIL THIS MONTH?

IMPORTANT: Use the opening/use the close, prayer/ sit spots and prayer cards.

All groups should use the foundational structure of KOZ each month. The starting, the prayer, sit spots etc. as a common element to every meeting. Everything from sledding to swimming, hiking to fly fishing. The key to going off the trail is to keep the structure in place.

Get them outside move their bodies, adventure and exploration. Keep it exciting, keep it real, be intentional about bringing them into a relationship with Christ.

"It's a sin to bore a kid with the gospel," Jim Rayburn, founder of Young Life.

Outdoor Training Conclusion

ASK POINTED QUESTIONS ON THE OUTDOOR SKILLS THEY LEARNED TODAY

Drive home a point, hand out literature or take-home materials, brochure from parks dept. or other.... A gallon plastic Ziplock bag with their name on it works great each month to collect their take home materials.

- Who likes swimming (or whatever activity you may have explored).
- What did you learn about water safety? Boating? The parts of a boat?
Check out this video – great one for kids to watch: <http://youtu.be/-qZJXEPH6PA>
- If you drank only soda could you survive? Just water?
- What types of plants, bugs and animals live in the water you were exploring? Name one.
- Comment on each kid and something they *did well*.
- Give them handouts or gifts, tools, printouts on "how too" things you did today.

Scripture Training and Heart Takeaway

Scripture: Acts 22:16, And now why do you wait? Rise and be baptized and wash away your sins, calling on his name.'

TRAIL MAP #1: Water is crucial to so much of our lives. If you love the outdoors there are so many ways to spend time in and around the water. Fishing, swimming, boating, scuba diving, spear fishing, and so much more.



Water is also critical for the land and animals. Find water and you will find the animals, find water and you will find vegetation. Water is life in so many ways. If you are headed to the outdoors always look for the water source and you will find a key to your outdoor adventure.

Baptism is a way we show other people that we have asked Christ to take away our sins, that we have asked Him into our hearts. That we have been washed of our old life and born again new. Have you been baptized? Would you like to be?

TRAIL MAP #2:

Drive home points:

- Tell stories about baptism. Yours or your other HTL's
- IMPORTANT: At this point you may have a boy who wants to be baptized right then (see the document for baptism in the KOZ HTL materials online) or you may want to set up one for the near future. Plan it in a creek or outside setting. This is big, make it big.
- Give out the Gold KOZ Baptism dog tags
- Clean up around the body of water you used – teach the boys to “Leave no Trace” – leave the land better than when you got there.

The Sit Spot and God

SIT SPOT Purpose:

- Pass out a blank index card and pen. Have them write one thing they learned today and something they need prayer for. Let them know the KOZ leaders will be carrying their cards and praying every day.

Let them know *It is a private prayer between your leaders and them, they don't have to put their name on the card.*

TO PONDER: Give the boys something to ponder, use the questions above, and ask them to go to a sit spot - let them stay while you prepare lunch (quietly without distracting the quiet moment) - (15-30 min.)

- **SEND LEADERS TO SIT SPOTS!** If a leader is not assigned a task have them also find a sit spot. It is good for the boys to see the adult leaders doing the same as they are asked to do. **QUIET TIME IS ESSENTIAL.**

LUNCH & KOZ LEADERSHIP TAG TRAINING

CALL BACK FOR LUNCH - While they are eating lunch – Review topics of the day. Chat with the boys. Enjoy time, food, fellowship.



This month your “Do Hard Things Challenge” is: Giving. The challenge is to give. Take some of your money, put it in an envelope and give it to someone. Don’t tell anyone you are giving it to them. It should be a secret between you and God. Put money in the basket at church, mail some to a ministry, give it to a family you know need some help. Leaders help your boys understand giving. A boy or family without anything will be helped.

WORK ON KOZ DOG TAGS Ask boys if they are working toward KOZ TAGS. Greenhorn, Coyote, etc. This is a good time to teach this material. Ask if any of the boys are new – **give them their KOZ Nation dog tag** (the first one)

GIVE A BOY HIS NAME IN KOZ We have found that giving boys a nickname is a huge tool for them. Giving a boy a “New Name” has been a game changer for many. A strong, fierce name is important. Jesus and His Father both gave new names. Ask prayerfully what name a boy should have. The leaders decide **NOT** the boys. It is an honor bestowed, even if funny.

As you wait for the parents to arrive:

- Tell the boys you love them. That they are important. That if they have not prayed to ask Christ into their hearts to come talk to a KOZ HTL (**ROMANS 10:9**).
- If a kid wants to be baptized, have them talk to you about it - you can do it somewhere really cool!

Perform a service project on site. Teach the boys to ALWAYS leave your area BETTER than it was when you got there.

Parents arrive. Greet them and tell them how good their kid did. – Tell the boys to invite a friend!

Hand out literature or take home materials.... A gallon plastic Zip lock bag with their name on it works great each month to collect their take home materials.

Stay, Read the Sit Spot Cards. Pray over the cards together. Divide them among the HTL’s for the month.

TELL THEM TO INVITE A FRIEND NEXT MONTH!